

2023

CALENDAR YEAR

JULY

CALENDAR MONTH

MONDAY

FIRST DAY OF WEEK

Parish Hall

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
26	27	28	29	30	01 9.00-13.00 Cultural Group 16.00-18.00 Dance Class	02 9.30-15.30 Childrens Dance Class 16.00-19.00 Cultural Group
03 10.00-12.00 Barmara Coffee Morning 18.00-19.00 Rehab Pilates 20.15-21.15 Keep Fit	04 10.00-12.00 Art Class	05 11.15-12.15 Pilates 12.30-13.15 Pilates	06 10.30-12.00 Pilates 18.00-21.15 Keep Fit	07 10.15-11.15 Keep Fit/Pain Management	08 9.00 - 13.00 Cultural Group 14.00-17.00 Cultural Group 17.00-18.00 Cultural Group	09 9.30-14.30 Childrens Dance Class 16.00-18.00 Dance Class
10 12.00 Cleaners 18.00-19.00 Rehab Pilates 20.15-21.15 Keep Fit	11 10.00-12.00 Art Class 13.30-15.00 Committee Meeting Barmara	12 11.15-12.15 Pilates 12.30-13.15 Pilates 19.30-21.30 Parish Council	13 10.30-12.00 Pilates 18.00-21.15 Keep Fit	14 10.15-11.15 Keep Fit/Pain Management	15 9.00 -13.00 Cultural Group	16 14.00-16.00 Dance Class
17 12.00 Cleaners 18.00-19.00 Rehab Pilates 20.15-21.15 Keep Fit	18 10.00-12.00 Art Class	19 11.15-12.15 Pilates 12.30-13.15 Pilates	20 10.30-12.00 Pilates 18.00-21.15 Keep Fit	21 10.15-11.15 Keep Fit/Pain Management	22 17.00-18.00 Cultural Group	23 14.00-16.00 Dance Class
24 12.00 Cleaners 20.15-21.15 Keep Fit	25	26 11.15-12.15 Pilates 12.30-13.15 Pilates	27 10.30-12.00 Pilates 18.00-21.15 Keep Fit	28 10.15-11.15 Keep Fit/Pain Management	29	30 14.00-16.00 Dance Class
31 12.00 Cleaners 20.15-21.15 Keep Fit	01	02	03	04	05	06