

2023

CALENDAR YEAR

AUGUST

CALENDAR MONTH

MONDAY

FIRST DAY OF WEEK

Parish Hall

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
31	01 10.00-12.00 Art Class	02 11.15-12.15 Pilates 12.30-13.15 Pilates	03 18.00-21.15 Keep Fit	04 10.15-11.15 Keep Fit/Pain Management	05	06 16.00-18.00 Cultural Group
07 10.00-12.00 Barmara Coffee Morning 20.15-21.15 Keep Fit	08 10.00-12.00 Art Class 13.30-15.00 Committee Meeting Barmara	09 11.15-12.15 Pilates 12.30-13.15 Pilates	10 18.00-21.15 Keep Fit	11 10.15-11.15 Keep Fit/Pain Management	12	13 16.00-18.00 Dance Class
14 12.00 Cleaners 20.15-21.15 Keep Fit	15 10.00-12.00 Art Class	16 11.15-12.15 Pilates 12.30-13.15 Pilates	17 18.00-21.15 Keep Fit	18 10.15-11.15 Keep Fit/Pain Management	19	20 16.00-18.00 Dance Class
21 12.00 Cleaners 20.15-21.15 Keep Fit	22	23 11.15-12.15 Pilates 12.30-13.15 Pilates	24 18.00-21.15 Keep Fit	25 10.15-11.15 Keep Fit/Pain Management	26	27 16.00-18.00 Dance Class
28 BANK HOLIDAY	29 10.00-12.00 Art Class	30 11.15-12.15 Pilates 12.30-13.15 Pilates	31 18.00-21.15 Keep Fit	01	02	03
04	05	06	07	08	09	10