

2023

CALENDAR YEAR

OCTOBER

CALENDAR MONTH

MONDAY

FIRST DAY OF WEEK

Parish Hall

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
25	26	27	28	29	30	01 09.30-14.30 Dance Group 15.00-17.00 Dance Class
02 10.00-12.00 Barmara Coffee Morning 18.00-19.00 Rehab Pilates 20.15-21.15 Keep Fit	03 10.00-12.00 Art Class	04 11.15-12.15 Pilates 12.30-13.15 Pilates	05 10.30-12.00 Pilates 12.00-13.30 Cleaners 18.00-21.15 Keep Fit	06 10.15-11.15 Keep Fit/Pain Management	07 10.00-13.00 Cultural Dance Group	08 09.30-14.30 Dance Group 15.00-17.00 Dance Class
09 18.00-19.00 Rehab Pilates 20.15-21.15 Keep Fit	10 10.00-12.00 Art Class 13.30-15.00 Committee Meeting Barmara	11 11.15-12.15 Pilates 12.30-13.15 Pilates	12 10.30-12.00 Pilates 12.00-13.30 Cleaners 18.00-21.15 Keep Fit	13 10.15-11.15 Keep Fit/Pain Management	14 10.00-13.00 Cultural Dance Group 13.00-17.00 Private Hire	15 15.00-17.00 Dance Class
16 18.00-19.00 Rehab Pilates 20.15-21.15 Keep Fit	17 10.00-12.00 Art Class	18 11.15-12.15 Pilates 12.30-13.15 Pilates 19.00-22.00 BPC	19 10.30-12.00 Pilates 13.00-13.30 Cleaners 18.00-21.15 Keep Fit	20 10.15-11.15 Keep Fit/Pain Management	21 10.00-13.00 Cultural Dance Group	22 09.30-14.30 Dance Group 15.00-17.00 Dance Class
23 18.00-19.00 Rehab Pilates 20.15-21.15 Keep Fit	24	25 11.15-12.15 Pilates 12.30-13.15 Pilates	26 10.30-12.00 Pilates 12.00-13.30 Cleaners 18.00-21.15 Keep Fit	27 10.15-11.15 Keep Fit/Pain Management 16.00-22.00 Cultural Group	28 10.00-13.00 Cultural Dance Group 14.00-17.00 Private Hire	29 09.30-14.30 Dance Group 15.00-17.00 Dance Class 19.00-21.30 Cultural Group
30 18.00-19.00 Rehab Pilates 20.15-21.15 Keep Fit	31 10.00-12.00 Art Class	01	02	03	04	05